

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



October 2026

INCLUSIVE MOVEMENT HUB
YOUR NEW SEN-SATIONAL CLASSES HAVE LANDED IN TELFORD!
EVERY MONDAY

MINI MOVERS
AGES 3-6
4.45PM-5.30PM

JUNIOR MOVERS
AGES 7-12
5.45PM-6.30PM

FUN, FITNESS & CONFIDENCE FOR SEN

BUILD CONFIDENCE
IMPROVE PHYSICAL SKILLS
SUPPORT SENSORY NEEDS
MAKE FRIENDS
HAVE FUN!

MY LITTLE PLAY PLACE
UNIT 6A
GOWER STREET
BUSINESS PARK,
ST GEORGES,
TELFORD,
TF2 9HW

SCAN TO BOOK!

@INCLUSIVEMOVEMENTHUB
INCLUSIVEMOVEMENTHUB@HOTMAIL.COM

ICAN2 Passes

Earlier this year, Wonderland became part of our ICAN2 scheme, allowing us to purchase vouchers for ICAN2 members, their families, and PAs to enjoy a fun day out. These vouchers were valid for the summer period only and are no longer available to book.

We hope to secure additional Wonderland vouchers in the future, following the positive feedback and enjoyment experienced by our ICAN2 members.

We are always looking to broaden the range of activities and venues available through the scheme. If you have any suggestions for places you think ICAN2 members would enjoy visiting, please email shortbreaks@telford.gov.uk.

REMINDER: Short Breaks Forum

Our next forum is on 21st October 6-7.30pm at PODS Hub, Central Park, TF2 9TU. Please email shortbreaks@telford.gov.uk to confirm your attendance at the forum. We are keen to see as many of you there as we possibly can.

Telford & Wrekin Co-operative Council

SEND Local Offer

NHS Shropshire, Telford and Wrekin

Local offer for special educational needs and disability

www.telfordsend.org.uk

SCAN WITH YOUR SMART PHONE...

After-School Church Club

For all primary school-aged children, especially neurodivergent children

signposts

- Supportive environment**
- Drop in**
- Thursdays • 3.15-4.45**
Trinity church, Wellington Road, Newport
- £2 donation**

Everyone welcome

Reverend Community Church, Charity number 1336295

Monday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
PODS Little Buds (premature baby group)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS All Age Sensory Session	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Lego OR Stem	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Home Education Group	10.30-12pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Junior SEND Softplay	4-5.30pm	Telford Ice Rink	No booking required.
Senior SEND Softplay	6-8pm	Telford Ice Rink	No booking required.

Tuesday

PODS Blossom and Bloom (0-5)	10-11.30am	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Minecraft	4-5pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Youth Wellbeing Group (6-16)	3.45-5.15pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Pirates and Princesses SEND Session	4-6pm	Halesfield 17, Telford	Book by calling 01952 977205
Primary Family Fun Session	4-5pm (third Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062
Girls Social Group (year 6-13)	5.30-.6.30 (second Tuesday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Wednesday

PODS Lego	4.30-5.30pm	PODS Hub, 1 Hawksworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
LGBT Youth Group (11-16)	4.30-5.30pm	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333

Thursday

PODS Activity Session	4.30-5.30pm	PODS Hub, 1 Hawsworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
PODS Youth Club (11-18)	6-8pm (fortnightly)	PODS Hub, 1 Hawsworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Sensory Cooking Adventure for ASD (6-16)	4-5pm (fortnightly)	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
Dugout Youth Group (11-18)	5-6.30pm (first Thursday of every month)	Children's Autism Hub, Hazeldine House, TF3 4JL	Book by calling 01952 626062

Friday

ICAN2 Creative Arts	4.30-6.30pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	4.30-6.30pm	Arleston Community Centre	Book online at www.4all.foundation
Sensory Connections (0-2)	9.30-10.30am	Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF7 5QZ	Book by calling 01952 897333
SEND Skate	5-6pm	Telford Ice Rink	No booking required.

Saturday

ICAN2 Creative Arts	12-2pm	Admaston House	Book online at www.4all.foundation
ICAN2 Youth Club	2-4pm	Hollinswood Centre	Book online at www.4all.foundation
ICAN2 Sports and Leisure	10-1pm	Southall School	Book online at www.geniustuition.co.uk/ican2
PODS Activity Session	10-11am	PODS Hub, 1 Hawsworth Road, Central Park, TF2 9TU	Book online at www.ticketsource.co.uk/whats-on/telford/pods-hub
Jungleland SEND Session	8-9.30am	Interchange House, Trench Lock, Telford, TF1 6SZ	Book online at www.junglelandtelford.com

Sunday

SEND Family Swim	12.15-1.15pm	Abraham Darby Leisure Centre	Book by calling 01952 382770
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Children must be ICAN2 members to attend the ICAN2 activities included above. If you would like to register your child as an ICAN2 member, please email shortbreaks@telford.gov.uk or visit www.telfordsend.org.uk

As well as the activities listed above, there are a huge range of SEND and SEND inclusive activities held in the community. You can find these listed online at www.telfordsend.org.uk/homepage/16/activities_and_events